

DECLARATION AND CONSENT TO TREATMENT

Naturopathic medicine is the treatment and prevention of illness using natural substances and therapies such as nutritional and lifestyle counseling, herbal medicine, Chinese medicine and acupuncture, homeopathy, vitamin & mineral supplementation, and hydrotherapy. Naturopathic doctors assess and treat the whole person, taking into consideration physical, mental, emotional, and spiritual aspects of the individual. Therapy is aimed at treating the cause of illness, and to stimulate the body's inherent healing capacity.

Your first visit will be approximately 60-90 minutes long (child visits are 60 minutes long) and will be spent exploring your major health concerns, health history, and may include a complaint-oriented physical examination. Preliminary recommendations will be discussed. On the second visit we will review your assessment and discuss the full treatment program put together for you. Subsequent visits will be booked as necessary to review your progress and make appropriate changes to your program.

Certain health conditions require caution and your naturopath must be aware of them to be able to treat safely and effectively. It is imperative that you inform your naturopathic doctor immediately of any illness from which you are suffering, if you are taking any medications, if you are or suspect you may be pregnant, are planning to become pregnant, or if you are breastfeeding.

Some of the health risks associated with naturopathic medicine include, but are not limited to, aggravation of pre-existing symptoms, allergic reactions to supplements or herbs, and pain or bruising from acupuncture.

As a patient, you must be aware that naturopathic treatment and conventional medical treatment are not mutually exclusive, and therefore, you are free to seek or continue medical care from a physician.

PROTECTION/DISCLOSURE OF PERSONAL HEALTH INFORMATION

Our Centre understands the importance of protecting your personal information. Our privacy protocols comply with the Personal Health Information Protection Act (PHIPA), the Personal Information Protection and Electronic Documents Act (PIPEDA), and the standards of our regulatory body. Your information may be accessed by regulatory authorities under the terms of the Drugless Practitioners Act, for the purpose of fulfilling our regulatory body's mandate or by the law. Our office will not, under any circumstances, disclose any of your personal confidential information to insurance companies. For any other type of disclosures we will require a consent form signed by you.

CANCELLING OR RESCHEDULING APPOINTMENTS

We ask that you give us at least 24 hours notice when cancelling an appointment. A missed appointment, without proper notice, may result in a cancellation charge to be paid before another appointment is booked, at the discretion of the Centre.

Payment for all services is due at the end of the visit by cash, cheque, debit, VISA, or Mastercard. Though the Ontario Health Insurance Plan (OHIP) does not yet cover naturopathic services, several insurance companies offer partial or complete coverage. Official receipts will be issued at the end of each visit so that you may obtain reimbursement directly from your insurance company.

I, _____ (Print Name), acknowledge that I am aware and agree to the above.

Signature: _____

Date: _____

This consent will cover the entire course of treatment but you are free to withdraw this consent and discontinue treatment at any time.